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NOVEMBER 2021 EDITION



Special Olympics
British Columbia

Richmond

COACHES UPDATES

- We are moving forward with Floor Hockey and 5-Pin Regionals in Richmond.
 - We have put in applications for The Olympic Oval and Lucky 9 Lanes respectively. We are waiting to hear if they will accommodate 3 regions (9 locals), or only 3 locals. Tournaments will be a single day, likely on the weekend.
- Swimming will be starting up 3 program hours this week.
 - Friday's 6:00-8:00PM and Saturdays 12:00-1:00PM.
 - We are looking for additional volunteers and coaching as we currently only have 2 volunteer coaches per hour (8 athlete programs).
- We are still recruiting Basketball B, Curling, Monday Fitness, Track, and Powerlifting coaches.
 - Basketball B will be starting up in two weeks with interim coaches.
- Curling will be starting up shortly.
- Figure Skating, FUNdamentals, 5-Pin, 10-Pin, Soccer, Basketball C, Floor Hockey, and swimming are running as this week.
- We will have athlete divisioning in the New Year.
 - If you would like to be involved, please contact Program Coordinator Jessica Liu at: sobcrichmondpc@gmail.com
- We are still in the application phase of our Coaching Development Fund initiative.
 - 8 new coaches have been sponsored to take the introductory NCCP Competitions workshop through the Richmond local.
- The City of Richmond is not permitting holiday gatherings at any of their public venues, only meetings or regular programming regardless of the

athletes can attend together, or having a 40 athlete dinner in a private rental space (application for the event must be approved by SOBC Provincial if we have a dinner.)

- The board is adjourning November 15th, 2021, until January 17th, 2022, but we will still be available by email except for December 18th to January 3rd while the Provincial Office is closed for their holidays.
- We look forward to picking up the development of your programming this January! Please reach out with any feedback or initiatives you'd like to see in the Richmond Local.

COACHING RESOURCES

Sport Specific Development Opportunities Endorsed by SOBC

[Basketball BC Coaching Resources](#)

- [NCCP Learn to Train Clinic Nov #1](#)
 - November 13 - 14, 2021
- [NCCP Learn to Train Clinic Nov #2](#)
 - November 27 - 28, 2021.
- [NCCP Train to Train Clinic](#)
 - December 4 - 5, 2021

[Swimming Canada](#)

- Workshops are full until the New Year, please check back later!

[Soccer Canada](#)

- You can purchase a course through BC Soccer

[Curling](#)

- Courses must be requested by the Richmond Local for a group of coaches
 - minimum 3 coaches, maximum 5 coaches

[Figure Skating](#)

- Courses usually occur once monthly (The last course was in October)
 - New Year Events are not yet listed

If you would like to take the **NCCP Competitions (Intro)** course online, it will be offered in the New Year. Otherwise, Lois will contact you about an in-person workshop.

NCCP Special Olympics Competition Sport Virtual Workshop

January 19, 20, & 27 - 6:00-9:30 PM PST

OR

January 21 (evening), 22 (morning), and 23 (morning)

Coaches can register [here](#). If you have any questions, please contact SOBC Vice President Sport Lois McNary by email at lmcnary@specialolympics.bc.ca or by phone at 604-737-3117.

NCCP - ADVANCED

** These workshops are not free*

November 27-November 28: Community Softball Coach Clinic
[IN PERSON - WEST KELOWNA]

[Click to Register](#)

November 27-November 28: Softball Competition - Introduction Weekend 1
[IN PERSON - LANGFORD STATION]

[Click to Register](#)

November 27-28: Softball Competition - Introduction Weekend 2
[IN PERSON - RICHMOND]

[Click to Register](#)

November 30-December 2: Manage a Sport Program
[ONLINE - ZOOM]
Registration closes on November 25.

[Click to Register](#)

GENERAL NCCP RESOURCES

1. **NCCP E-learning Modules** (login once you have taken the NCCP Competitions Workshop with SOBC through your local): [The Locker \(coach.ca\)](#).
2. **Free Recorded PD from SOBC and NCCP:** [Online Coach Education | Special Olympics British Columbia](#)

- 4. SOBC Basic Sports Skills Recorded Workshops (Sport Specific): [Basic Sport Skills | Special Olympics British Columbia](#)
- 5. Basic Guide to Functional Testing: [Functional Testing | Special Olympics British Columbia](#)
- 6. Athlete Health Resources with 8 Week Health Calendar: [Athlete Health Resources | Special Olympics British Columbia](#) (Updated every 8 weeks)



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